

Hydration drink

with chelated minerals

Ingredients

	Ingredients	Supplier	Quantity
1	Coconut water powder	BulkSupplements	54.30%
2	Baker's sugar		20.00%
3	Salt		3.50%
4	Pomegranate juice powder		8.00%
5	Citric Acid Anhydrous	Jungbunzlauer	4.50%
6	Strawberry flavour 1202211139	Silesia	2.00%
7	Strawberry flavour 1202211142	Silesia	2.00%
8	Trisodium Citrate Anhydrous	Jungbunzlauer	3.40%
9	Trimagnesium Citrate Anhydrous	Jungbunzlauer	1.00%
10	Tripotassium Citrate	Jungbunzlauer	0.70%
11	Beetroot extract		0.20%
12	Stevia Reb A	PureCircle	0.30%
13	Monk fruit extract MFC-E30P	Monk Fruit Corp	0.10%
	Total		100%

Directions

1. Mix all ingredients until homogeneous
2. Mix 10g powder with 16oz (475mL) water

Key takeaways

- ✓ Multi-mineral synergy from citrate salts
- ✓ High-bioavailability organic salts