











# LIVE SAVING RULES

#	Icon	Title	Rule description	Rule details
1		Wear PPE correctly	Wear mandated personal protective equipment (PPE) correctly.	<ul style="list-style-type: none"> <li>• I wear safety goggles, safety shoes, head protection and hearing protection (&gt;85dB), where mandated in the plant area.</li> <li>• I adapt PPE to the task at hand</li> </ul>
2		Working at height	Protect yourself against falls when working at height.	<ul style="list-style-type: none"> <li>• I check local working-at-height rules.</li> <li>• I inspect my fall protection equipment before use.</li> <li>• I secure tools and work materials to prevent any objects from falling.</li> <li>• I tie off 100% to approved anchor points when outside a protected area.</li> </ul>
3		Safe mechanical lifting	Plan lifting operations and secure the area before starting.	<ul style="list-style-type: none"> <li>• I confirm that the equipment and load have been inspected and are fit for purpose.</li> <li>• I only operate equipment that I am qualified to use.</li> <li>• I establish and obey barriers and exclusion zones.</li> <li>• I never walk under a suspended load.</li> </ul>
4		Work with a work permit	Work with a valid work permit when required.	<ul style="list-style-type: none"> <li>• I have confirmed if a permit is required.</li> <li>• I am authorised to perform the work.</li> <li>• I understand the permit.</li> <li>• I have confirmed that hazards are controlled, and it is safe to start.</li> <li>• I stop and reassess if conditions change.</li> </ul>
5		Drive and move carefully	Hold handrails when going up or down. Use pedestrian crossings. Stop in a safe place to read text messages. Obey speed limits on the premises.	<ul style="list-style-type: none"> <li>• I always use handrails.</li> <li>• I always use pedestrian crossings.</li> <li>• I always stop in a safe place to use phones or other devices.</li> <li>• I always wear a seatbelt.</li> <li>• I do not exceed the speed limit, and reduce my speed to suit road conditions.</li> <li>• I am fit, rested and fully alert while driving.</li> <li>• I follow journey management requirements.</li> </ul>

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6		Bypassing safety controls	Obtain authorisation before overriding or disabling safety controls.	<ul style="list-style-type: none"> <li>• I understand and use safety-critical equipment and procedures which apply to my task.</li> <li>• I obtain authorisation before:               <ul style="list-style-type: none"> <li>• disabling or overriding safety equipment</li> <li>• deviating from procedures</li> <li>• crossing any barrier.</li> </ul> </li> </ul>
7		Line of fire	Keep yourself and others out of the line of fire.	<ul style="list-style-type: none"> <li>• I position myself to avoid:               <ul style="list-style-type: none"> <li>• moving objects</li> <li>• vehicles</li> <li>• pressure releases</li> <li>• falling objects.</li> </ul> </li> <li>• I establish and obey barriers and exclusion zones.</li> <li>• I take action to secure loose objects and report any objects which are at risk of falling.</li> </ul>
8		Energy isolation	Verify isolation and zero energy before work begins.	<ul style="list-style-type: none"> <li>• I have identified all energy sources.</li> <li>• I confirm that hazardous energy sources have been isolated, locked out and tagged.</li> <li>• I have checked that there is zero energy and tested for residual or stored energy.</li> </ul>
9		Confined spaces	Obtain authorisation before entering a confined space.	<ul style="list-style-type: none"> <li>• I confirm that energy sources are isolated.</li> <li>• I confirm that the atmosphere has been tested and is being monitored.</li> <li>• I check and use my breathing apparatus when required.</li> <li>• I confirm that there is a trained attendant standing by.</li> <li>• I confirm that a rescue plan is in place.</li> <li>• I am trained and I obtain authorisation to enter.</li> </ul>
10		Fit for duty	Be in a state to perform work safely.	<ul style="list-style-type: none"> <li>• I will be physically and mentally in a state to perform my assigned duties.</li> <li>• I commit to not being under the influence of alcohol, drugs or medication.</li> <li>• I will inform a supervisor immediately if I or a co-worker may be unfit for work.</li> </ul>